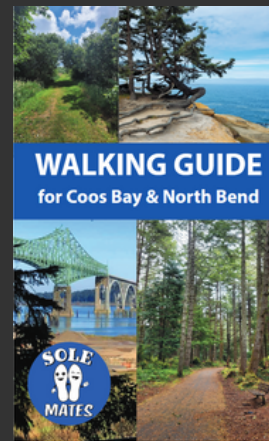


SOLE MATES WALKING GUIDE LAUNCH PARTY

Coos Bay Library, Oregon Health & Science University (OHSU), and twenty community members formed the Sole Mates to learn the effects of walking as a group and engaging civically to improve public health and walkability in our community. Sole Mates used funds awarded by OHSU to create a free walking guide to inspire other community members to walk and improve their health.



Saturday, January 4
11:00am-1:00pm
in the library's
Myrtlewood Room



525 Anderson Avenue
Coos Bay, OR 97420
(541) 269-1101
<http://coosbaylibrary.org>

Join us to learn more about the project and get a guide! Snacks and refreshments will be provided.